

*Term 2, 2020*

# Warman Outdoor School

February 3, 2020

## Learning, in Action



### **Welcome to a New Adventure!**

Congratulations on being successful in your application for outdoor education this year! We think you will find this class unlike any others you have taken in high school thus far.

Although our program has been revamped for the 2020 semester, our core values haven't changed:

1. Develop a relationship with, and responsibility for the environment
2. Connect to your learning through experience
3. Develop authentic, practical skills that will benefit you for the rest of your life

Our goal is to help you earn four credits this semester:

**Native Studies 30:** This class will focus on pre and post contact land claims, treaty rights, governance and economic and social development of Canada and its indigenous peoples. When possible we will learn from local Elders and visit Wanuskewin heritage park.

**English 20:** The theme of ELA 20 is “Relationships.” We will explore our individual relationships with nature, but also a broader view of humanity's relationship to the earth and each other. Students will be asked to compose, create and share poetry and prose throughout the term and also complete a novel study.

**Environmental Science 20:** we will explore climate & atmospheric science, sustainability, soils, terrestrial ecosystems, and aquatic ecosystems.

**Physical Education 20:** The focus is on developing life-long outdoor skills including: snowshoeing, cross-country skiing, downhill skiing or snowboarding, ice skating hiking, survival skills, orienteering mountain biking, and canoeing.

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Although we do have indoor classroom space we will spend time outdoors **everyday** this semester- rain or shine- please dress for the weather. If you forget clothing or accessories we have “ *borrow buckets*” in the classroom that are filled with clothing and equipment, but operate on a first-come, first served basis.

We will be enjoying many field excursions throughout the semester. As much as possible our day trips will occur during the regular 9 A.M/- 3 P.M. school day, however, there are times where we may leave *early* or arrive home *late*. We will track the extra hours and refund them when it makes sense.

### **Community Engagement and Leadership**

We are always looking for opportunities for students to be involved with community events, or better the community in general. Some of our budget comes from the City of Warman and they have been phenomenal partners with this program so we do our best to help when it is required.

Students in this class will all be given the chance to lead activities for each other, sometimes these activities are athletic based games for your peers, other times this will involve presenting to younger children at the middle or elementary school.

### **Attendance**

In a class like this consistent attendance is very important! If you are going to be away for any reason we expect you to email or text us so that we can alter plans as needed.

## Equipment List

### Daily

- 30 L Daypack (large school backpack)
- hat
- sunglasses,
- water bottle
- watch(not a cellphone),
- whistle,
- camera (old cellphones work great) ·

### Outdoor Clothes – clothes that can get dirty, that dry quickly, and are rugged.

- Wind pants
- quick dry long sleeve shirts
- quick dry t shirt are a good idea
- Long underwear – top and bottom – good base layer that wicks moisture away (ie. Helly Hansen, Under Armour, Merino Wool, Costco brand, etc...)
- Tall** winter boots
- Winter jacket & snow pants
- Toque
- winter mitts
- neck warmer
- Ice Skates and helmet (can be a bike or ski helmet)

### Hiking & Canoeing

- Good solid pair of hiking boots with ankle support (not running shoes)
- Breathable Waterproof Rain Jacket and Pants
- Hiking Backpack – good quality , approx. 50-80 L ·
- A good quality 4 person tent (students will be sharing tents so not everyone needs to have one)
- Camping dish wear (no glass)
- Warm sleeping bag (rated to 0 0C or below)
- Thin sleeping mattress (Therma-Rest, self-inflating)
- A waterproof duffle bag (this is not a necessity but is very nice for canoeing)
- A modest swim suit
- Mountain Bike** (26” or larger wheels and in good working conditions)
- Biking helmet

**Important Dates:**

... so far...

**Tuesday/Wed Feb 11/12: Winter Camp @ Redberry Camp**

Thursday Feb 27: XC Ski day @ Eb's Trails

Wednesday March 4th: Beaver Creek Snowshoe and Snow drift study

**Friday March 13th: Night Skiing/Snowboarding @ Table Mountain**

Tuesday March 17th: Wanuskewin Elder teachings

Thursday March 26th: Linklater Family Community Sweatlodge

\*\*Tuesday April 7th: Day trip off-campus

Friday April 24th: Survival Training @ Nisbet Forest

**Wed/Thurs April 29th/30th: Beginner Hiking Trip- Douglas Prov. Park**

**Monday May 11th- Thursday May 14th: Hiking Trip- Kananaskis, AB**

Thursday May 21st: Tree Farm and Greenhouse tour, U of S

Tuesday May 26th: Kamyic Site Visit

\*\*Wednesday June 3rd: Ft. Carlton + medicine walk with Elder Justin Scott

**Monday June 15th- Wednesday June 17th: Kingsmere/ Greyowls Canoe Trip**